

### Circle of gender oriented commonalities

The circle of commonalities offers participants the opportunity to share their experiences and convictions while agreeing or disagreeing with the proposals of others. It is therefore a way of reflecting on oneself and getting to know the participants better. The activity also invites the physical mobilisation of participants. Here, the circle of commonalities is particularly oriented to reflect on gender inequalities.

<b>Duration</b>	5/10 minutes
<b>Participants</b>	10 à 20
<b>Objectives</b>	<ul style="list-style-type: none"><li>- Thinking about gender inequalities and related concepts</li><li>- To highlight the commonalities between participants and to start bonding</li><li>- The differences highlight the plurality of gender experiences (both positive and negative)</li></ul>
<b>Materials</b>	A room, a quiet space
<b>Preparation</b>	Clear the room of chairs and tables, make room in the middle
<b>Instructions</b>	<ol style="list-style-type: none"><li>1. Ask participants to form a circle</li><li>2. Give the instructions:<ul style="list-style-type: none"><li>- As soon as one of the participants has the idea of an experience (positive or negative) related to gender, they can go to the centre of the circle and share their proposal (e.g. « I was once underestimated because I am a woman », « I was chosen last in sports, I was judged on my hair because I am a woman », « I was often told that I was sensitive "for a boy" », « I am a feminist », « I don't know what intersectionality means », « I am a member of the LGBTQ+ community »...)</li><li>- The others may move towards the centre as they agree with the statement</li><li>- Once everyone has taken a position on the proposal, they can return to their place in the big circle</li><li>- And so on until the participants have no more ideas</li></ul></li></ol>
<b>Variants</b>	The circle of commonalities can be adapted according to the theme of the training. It can be used simply to get to know each other and to get the participants moving.
<b>Tips for facilitators</b>	To bring the explanations to life, facilitators can first give examples of proposals, and then start by moving towards the centre while giving their statement, making sure that the activity is clear to all participants