OTHER ICEBREAKERS TO MEET

① Age line

The participants have to stand side by side, sorted by month and day of birth, from January to December. All without speaking! The use of signs is highly recommended. Once everyone is placed, ask them to say their birth date in turn. Ask people to put themselves in the right place if there are any mistakes.

② Planisphere

Imagine the room is a map of the world. Determine the cardinal points and show with gestures the different continents to the participants. Then, invite them to position themselves according to:

- a country in which one of their grandparents was born
- a country in which one of their parents was born
- the country in which they were born. You can then ask them to tell a memory or a happy childhood story about that place.

Between each instruction, let the participants express themselves.

③ **True/false**

Each participant writes on a paper three pieces of information about themselves that are not known by the group yet. Two statements are true, one is false. The participants read out their list to the group in turn, and the group has to guess what the lie is.

④ **The speaking circle**

This activity aims to get to know each other and to create a climate that encourages listening. Make a circle. One in two people takes a step forward. In this way, two circles are formed: one outer and one inner. The inner circle is facing outwards and the outer circle inwards, so that there are always two people facing each other. This will create pairs. Ask each pair to choose a "A" person and a "B" person. Ask a first question, like: "how do you feel right now?". "A" has now two minutes to answer "B" (set a timer). "B" has to just listen and not talk. Then the roles are reversed. When the time's up, ask the inner circle to take a step to the left. In this way, new pairs are formed. Ask them another question: "Why did you come to the workshop today?". Again, after each person has spoken, the inner circle takes a step to the left. Ask a third question: "What links you to the topic of today's workshop?".