



- 2. Once the feedback has been written, people put their note in the envelope of the person for whom it is intended.
- 3. When everyone has finished writing, everyone can open their envelopes and read the comments.

#### 3: Subgroup feedback

In this method, participants discuss their creations in sub-groups.

- 1. Create triangles.
- 2. Ask each person to show their creation to their partners. At the end of each presentation, the other two people have 5 to 10 minutes to answer these questions:
- How did this creation make me feel?
- What are the key words that remain with me, the messages that are conveyed?
- What attracts my attention in the chosen form?
- 3. Once the three people have presented and discussed their creations, come back together and do a collective debriefing by asking each group to tell about their experience.

In step 2, include an envelope with your first name. Give feedback on the participants' creations yourself and be prepared to receive some, so that the relationship is horizontal.

# for facilitators

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## Debriefing Ask some questions:

#### Regarding step 1:

- Do you feel comfortable with the way feedback is given during the workshop?
- How do you feel about criticism?
- Are there any rules that could improve your experience?

### Regarding step 2:

- How did you feel when you opened your envelopes and read the comments?
- Did you prefer this method to oral feedback?

#### Regarding step 3:

- How did the discussions qo?
- Do the words chosen by your partners correspond to what you want to express?
- Does the form of your creation seem to be in line with your purpose?

## **5.B THE COMFORT ZONE CIRCLE**

O by Wired 99.9FM

The aim of this activity is to give you a method to evaluate a participant's reaction to the activities you'll be doing together. It can be done after any activity or as a general evaluation to close the workshop. Not all participants are necessarily comfortable with artistic production. It is important that they are given the opportunity to express their comfort level with what has been proposed. Taking those feedback into account will also help you adjust your methodology in the future. When one creates art, one often talks about oneself, which can put them in a vulnerable situation, so it is important that these elements are verbalised and that everyone can exchange on the issues and difficulties that were felt during the workshop.





**Duration** 10-20 minutes

Participants Any number of participants

**Objectives** 

- To have participants reflect on their experience in the activity
- To have participants verbalise their feelings about the workshop
- Understanding what art can do for people

Materials

- A flip chart or a white board
- Sticky notes
- Markers or slate markers



## Instructions

- 1. Create 3 concentric circles on the ground, naming/ labelling them from inside out as; comfort zone, growth zone, panic zone.
- 2. Ask participants to select an unused image from the previous activities and ask them to place the image within the circles depending on how they felt throughout the activity.
- 3. Discuss with participants about their choice, with the option to not comment about why they have placed their image where they have placed it.
- 4. Use the circles to open further discussion on what were the things they were absolutely comfortable with and what elements challenged them. You can ask for example : did your level of comfort change throughout the activity? What is your general feeling about the worksop? What would have made you feel more comfortable?

## **Alternative**

- 1. If you don't have enough space on the floor, you can use a flip chart paper/a white board. Repeat the process of drawing the 3 concentric circles on
- 2. Have participants write their names on sticky notes. They should place their names according to how they felt during the activity.

## Tips for the facilitators

Be aware of the feedback given by participants, it is important and will allow you to readjust your methodology.